

Myers-Briggs Type Indicator

Below is a modified version of the Myers-Briggs Type Indicator. Read the following pairs of statements and circle the corresponding letter which most accurately describes you. For the Myers-Briggs evaluation, there is no right or wrong answer. The answer you select is based on your personal preference.

1.	E	Focus on the outer world of people and things.	J	Internal focus on ideas, memories or emotion.
2.	E	Receive energy from interacting with people.	J	Receive energy from reflecting on thoughts.
3.	E	Energized by taking action; active	J	Learn best by having time alone to process.
4.	E	Prefer communicating by talking (overwriting)	J	Prefer communicating in writing (over talking)
5.	E	Work out ideas by talking them through.	J	Prefer working in quiet environments.
6.	E	Learn best through sharing/doing/discussing.	J	Able to focus on one project at length.
7.	E	Have broad interests.	J	Known to be reflective, quiet, private, or deep.
8.	S	Focus on the present; what is happening now.	N	Focus on the future; possibilities and potential.
9.	S	Prefer real/concrete/tangible information.	N	See the big picture, connections, or patterns.
10.	S	Attentive to details, specifics, and facts.	N	Remember specifics when part of a pattern.
11.	S	Enjoy tasks with an orderly, sequential format.	N	Imaginative and creative.
12.	S	Like having five senses engaged while working.	N	Bored by routine and sequential tasks.
13.	S	Work at a steady pace and have stamina.	N	Like solving problems and developing new skills.
14.	S	Known to be practical, steady, and orderly.	N	Have bursts of energy rather than stamina.
15.	T	Examine logical consequences of decisions.	F	Base decisions on subjective values.
16.	T	Objectively weigh the pros and cons.	F	Enjoy appreciating and supporting others.
17.	T	Base decisions on impersonal analysis and logic.	F	Actively look for qualities to praise in others.
18.	T	Energized by problem solving and critiquing.	F	Value and create harmonious environments.
19.	T	Seek standard principles to apply uniformly.	F	Honor each person as a unique individual.
20.	T	Look for cause/effect relationships in data.	F	Assess impacts of decisions on others.
21.	T	Consider feelings when presented as	F	Work best in supportive, encouraging settings.

facts.

22.	J	Prefer to make decisions with information.	P	Prefer to take in information and understand.
23.	J	Make decisions as soon as possible.	P	Keep things open-ended as long as possible.
24.	J	Enjoy having closure; like things settled.	P	Seek to experience and live life; not control it.
25.	J	Plan and organize your world.	P	Open to new options and last-minute changes.
26.	J	Like roles and expectations to be clear.	P	Enjoy starting projects but often never finish.
27.	J	Enjoy getting things done/being productive.	P	Able to adapt; flexible
28.	J	Plan ahead to avoid last minute stresses.	P	Energized by last minute pressures.

For the following letters add up how many:

E: _____

I: _____

S: _____

N: _____

T: _____

F: _____

J: _____

P: _____

Now, indicate which letter you had the most of:

E or I: _____

S or N: _____

T or F: _____

J or P: _____

You should now have 4 indicators which represent your personality. In Blackboard, open the **Myers-Briggs Type Indicator Information Packet** located under **Course Documents > Succeeding at ASU > Week One Introduction** to learn more about your personality type. Is the indicator accurate? Are you surprised at the results? What did you learn about yourself?